

45 Mile support crew.

First and foremost, please do not drive on the 45 mile course unless you are picking up your rider to bail out of the ride.

You are allowed to meet and check up on your rider at the 1st aid station. To get there go up Tinton Rd for about 10 miles. Take a right hand turn onto Iron Creek Lake/Beaver Creek Rd. Continue up the road for another 2 miles. Please park somewhere along the road before the point that riders turn onto Beaver Creek rd. We don't want you driving all the way to the aid station to park as you will be on course and we don't want cars flooding the aid station.

You can either meet your rider at the point where they come down off the forest rd. onto Beaver Creek rd, or walk in to the Aid station. If you walk to the aid station please stay back away from the aid station to prevent it from being overcrowded. If you have children or pets please keep pets on a leash and both off the road and out of the way of the riders.

Make sure you have a plan with your rider for picking up if needed, and are aware of where the course goes so you will be able to communicate a pick up point if needed and know how to get there.

Thank you for being support for your rider!

